

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Action for Stammering Children (ASC)</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Islington</b>	
Contact person: <b>Mrs Joanna Hunter</b>	Position: <b>Chair</b>
Website: <b><a href="http://www.stammeringcentre.org">http://www.stammeringcentre.org</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>801171</b>
When was your organisation established? <b>21/03/1989</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Improving Londoners' Mental Health</b>
Which of the programme outcome(s) does your application aim to achieve? <b>More children and young people receiving specialist help, resulting in improved mental health</b>
Please describe the purpose of your funding request in one sentence. <b>This application seeks funding to transform the lives of children and young people who stammer by providing them with an individually tailored specialist consultation.</b>
When will the funding be required? <b>01/01/2015</b>
How much funding are you requesting? Year 1: <b>£30,000</b> Year 2: <b>£30,000</b> Year 3: <b>£0</b> <b>Total: £60,000</b>

**Aims of your organisation:**

ASC's aim is to help children and young people who stammer to overcome the challenges created by their fluency problems.

Our vision is to ensure that specialist consultations and treatment are freely available in all parts of the UK for children who stammer.

We have been supporting these specialist services for over twenty years and in the last year reached more than 2,700 children, young people and the families with many reporting that their lives have been transformed as a result.

**Main activities of your organisation:**

ASC is the Charity behind the Michael Palin Centre for Stammering Children (MPC). This Centre, based in London, runs the UK's largest specialist service exclusively dedicated to the assessment and treatment of children who stammer. Our aim is to enable children and young people, over two thirds of whom come from London, to overcome the challenges they face and to participate fully in society.

ASC charitably funds a specialist consultation service in the Michael Palin Centre for any children or young person aged between two and eighteen who stammer. This detailed assessment, undertaken by two expert therapists, is the cornerstone of each child's therapy programme. Without this charitable support, these children would not access the help they so desperately need. ASC also funds training of therapists to make effective services available to more children as well as research into the methods used in MPC.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>1</b>	<b>1</b>	<b>9</b>	<b>6</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Owned</b>	

## Summary of grant request

ASC is applying to The City Bridge Trust for the continuation of funding of £30,000 pa for two years to contribute to the annual costs of providing children and young people who stammer with a specialist consultation service to help them reach their potential and fully participate in society. ASC is the charity behind the internationally recognised Michael Palin Centre (MPC) in London. Opened in 1993, the Centre provides the UK's largest specialist service for children who stammer.

Stammering is a complex problem for which there is no simple explanation or solution. Children experience isolation, anxiety and embarrassment. A stammer has a devastating impact on a child's confidence and often results in a child being teased and bullied.

This project aims to improve Londoners' mental health with a particular focus on young Londoners who stammer. The most obvious feature of stammering is disruption to speech fluency, but for many people who stammer, the most serious aspect is often social anxiety and the impact this has on their life. Social anxiety disorder is a condition that involves intense fear of social interactions and this typically emerges in the childhood and adolescence.

The mental health needs of children who stammer were highlighted in a recent study of the young people who attend the MPC. This revealed that 36% exhibited social anxiety, a mental health condition which is much less prevalent in their fluent peers.

This project will address this issue of the mental health of children and young people who stammer by providing detailed specialist consultations, identifying factors which contribute to the problem, and resulting in a detailed individualised therapy plan which has been tailored to the child's specific needs.

Each charitably-funded specialist consultation involves the child or young person who stammers, both parents (as appropriate), their local speech and language therapist (if available) and two of the Centre's expert speech and language therapists.

The consultation consists of:

- a detailed evaluation of the child's stammering; his speech, language and social communication skills; the impact of his stammering on his mental health
- a detailed case history with both parents, eliciting information about the stammer in other contexts, as well as its development and impact on the child and the family.

Project outcomes:

1: Over 80% of children attending a consultation report that they better understand their stammer; they feel more confident about the future; they are less worried; they know more about what to do about their stammer; and they feel more hopeful that they can be helped.

2: Over 80% of parents attending a consultation report that they better understand their child's stammer; they feel more confident about the future; they are less worried; they know more about what to do about the stammer; they feel more hopeful that their child can be helped; and they feel more able to help their child.

3: Over 80% of the local speech and language therapists attending a consultation report that they are more knowledgeable and better understand stammering and the child's needs; they are more confident in managing the child's therapy and in working with the parents.

Good practice is maintained in the following ways:

- Service users' evaluations are gathered to provide information to plan the service.

- Charitable funding ensures that this service is available to any child regardless of post code, ethnicity, religion, socioeconomic status, gender and language.
- Previous service users are recruited as volunteers to share their experiences with the children at MPC
- Delivering services using telehealth reduces travel; the organisation is paper light.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

### Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**275 specialist consultations at the Michael Palin Centre for children and young people who stammer, their parents and their local therapists (if available).**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Over 80% of children attending a consultation report that they better understand their stammer; they feel more confident about the future; they are less worried; they know more about what to do about their stammer; and they feel more hopeful that they can be helped.**

**Over 80% of parents attending a consultation report that they better understand their child's stammer; they feel more confident about the future; they are less worried; they know more about what to do and they feel more able to help their child.**

**Over 80% of the local speech and language therapists attending a consultation report that they are more knowledgeable and better understand stammering and the child's needs; they are more confident in managing the child's therapy and in working with the parents.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We plan to continue funding this activity beyond the period of requested funding because the specialist consultation is the cornerstone of the work ASC supports. This will be funded by our ongoing programme of fundraising activity from foundations, individuals and events.**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**37**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**London-wide (100%)**

What age group(s) will benefit?

**0-15**

**16-24**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**91-100%**

## Funding required for the project

**What is the total cost of the proposed activity/project?**

Expenditure heading	Year 1	Year 2	Year 3	Total
275 specialist consultations	220,000	220,000	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>220,000</b>	<b>220,000</b>	<b>0</b>	<b>0</b>

**What income has already been raised?**

Source	Year 1	Year 2	Year 3	Total
The Big Lottery Fund	128,400	32,100	0	0
The Band Trust	10,000	0	0	0
The Ronson Foundation	25,000	25,000	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>163,400</b>	<b>57,100</b>	<b>0</b>	<b>0</b>

**What other funders are currently considering the proposal?**

Source	Year 1	Year 2	Year 3	Total
The Leathersellers' Company	20,000	20,000	20,000	20,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>20,000</b>	<b>20,000</b>	<b>20,000</b>	<b>20,000</b>

**How much is requested from the Trust?**

Expenditure heading	Year 1	Year 2	Year 3	Total
Specialist consultations (total 75)	30,000	30,000	0	60,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>30,000</b>	<b>30,000</b>	<b>0</b>	<b>60,000</b>

## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2014</b>
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Income received from:	£
Voluntary income	582,698
Activities for generating funds	5,106
Investment income	5,923
Income from charitable activities	0
Other sources	0
<b>Total Income:</b>	<b>593,727</b>

Expenditure:	£
Charitable activities	453,750
Governance costs	7,776
Cost of generating funds	48,908
Other	0
<b>Total Expenditure:</b>	<b>510,434</b>
<b>Net (deficit)/surplus:</b>	<b>83,293</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>83,293</b>

Asset position at year end	£
Fixed assets	596,772
Investments	0
Net current assets	510,221
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>1,106,993</b>

Reserves at year end	£
Restricted funds	184,485
Endowment Funds	0
Unrestricted funds	922,508
<b>*Total Reserves (B):</b>	<b>1,106,993</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
0%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

There have been no significant changes to the organisation, structure, financial position or core activities. There have been two staff changes: a new Chief Executive Balshen Izzet starting in December 2014 and a new Support Manager starting in November 2014.

### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Henry Smith Charity	30,000	30,000	30,000
The Garfield Weston Trust	0	0	40,000
The Gerald Ronson Foundation	25,000	25,000	25,000
The Emily Hughes-Hallett Foundation	0	15,000	15,000
The Band Trust	10,000	10,000	10,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Joanna Hunter**

Role within                      **Chair of Trustees**  
Organisation: